# OUR ACCESS CONDITIONS

#### Access to the facilities

Hotel guests can use the spa from 8am to 10pm every day, depending on the time available. We cannot guarantee access to the spa without prior reservation. For external guests, it is also accessible before or after a treatment of 60 minutes minimum. In order to use the spa, please arrive at the reception desk 15 minutes in advance.

Children under 16 years of age must be accompanied by an adult to access the facilities.

#### Delay or cancellation

In case of delay, your treatment or access time to the facilities will unfortunately be shortened so as not to inconvenience the following clients. For any cancellation, please inform us at least 24 hours in advance. After this time, your treatment or access to the facilities will be charged in full.

### Book your treatment

The receptionists are at your disposal for information and availability. For all reservations, please contact us on <u>02 31 92 00 04</u> or by using the shortcut «9» from your room telephone. You can also send your request by email to the following address:

#### reception@gdluxembourg.com.

You can also use the spa freely during its opening hours before or after your treatment.

Please check in at the reception desk 10 minutes before your treatment (or directly in the cabin if you have already entered the spa before your treatment time).

We recommend that you be prepared before your practitioner arrives to fully benefit from your treatment. All our treatments are exclusively dedicated to well-being and have no therapeutic purpose.



## FACE CARE

FACE CARE
C Y F O L I A
A beautiful glow and well-moisturized skin thanks to a pleasant treatment that combines a relaxing massage and remarkably effective organic products.  This treatment can be proposed to teenagers from 13 years old.
CITADINE
A breath of fresh air in a treatment that concentrates all the benefits of the sea to detoxify and revitalize the skin. This anti-pollution interlude eliminates traces of fatigue, illuminates the complexion and rehydrates the skin.
NEW SKIN FOR MEN
Enter a world dedicated to men. Choose a moisturising, youthful, soothing or pollution-targeted treatment adapted to the specificities of the male epidermis.
OLIGOFORCE LUMIÈRE
An ultra-complete anti-ageing treatment that brightens the complexion, reduces ble- mishes and smoothes wrinkles. The ideal combination of a 20% acid peel and a fabric mask rich in OLIGOMER*, to bathe the skin in light.
SUPREME YOUTH PIONEER TREATMENT
This supreme treatment gives the skin all the freshness, youth and radiance it deserves. Its exceptional massage, which covers the entire face and décolleté, visibly smoothes the skin while providing absolute relaxation. Throughout the treatment, the back is infused with trace elements in a relaxing sensation of gentle warmth.
BODY CARE
BULLES DES MERS
A relaxing modelling of the back, scalp and feet, combined with detoxifying and remineralising marine products.
SLIMMING TREATMENT P5
A climming treatment for the whole body ideal for a sna treatment which combines a

## HOLISTIC CARE

The perfect combination of wide, fluid movements combined with long strokes to release tension and offer complete relaxation. This treatment can be offered to teenagers from 13 years old.

Deeply relaxing and re-energizing, this exceptional treatment combines exfoliation and full body massage. It offers a unique sensory experience based on OLI- GOMER\*, PHYTOMER's mythical active ingredient, with remineralizing and fortifying benefits. Its exfoliation and fully encompassing massage, from the tips of the toes to the ends of the hair, provide an instantaneous rejuvenating effect and incomparable relaxation. Scrub without shower.

 S E A H O L I S T I C
 110€ / 150€

 Relaxing Sea Bolus Massage - 60 min / 90 min
 110€ / 150€

Combining effleurage, pressure and stretching, this Thai-inspired body massage eliminates tension points one by one thanks to its gentle heat. Gradually, your mind is left in a state of plenitude and you are left with a lasting feeling of well-being.

# OUR FACILITIES

Hammam
Sauna
Jacuzzi
Ice fountain
Sensory shower
Salt grotto



